

The Learning Brain

Dr. Lara Boyd, PT, PhD

The science of what keeps the brain healthy, reduces anxiety and helps learning

Welcome to the first Parent Education Seminar of 2016! For the price of a coffee you have the opportunity to learn from highly renowned neuroscientist (and parent) Dr. Lara Boyd.

Join us on **Tuesday, January 19th, 2016 from 6:15pm-8:00pm** in the school gym as Dr. Boyd reviews how the brain changes with learning and development. She will discuss how stress and anxiety affects the brain and learning. Dr. Boyd will present recent data showing brain plasticity in children and conclude with some practical tips for maximizing learning and brain plasticity.

There is limited space available, so reserve your ticket early online for only 5 dollars. Should tickets remain on the day of the event, they will be available at the door for 7 dollars. *If cost is a barrier to attendance, please contact the PAC at the email below.*

*Please note that child minding will **not** be provided

Presented by **Simon Fraser Elementary PAC**
School Gym, **100 West 15th Avenue, Vancouver**
Tuesday, January 19th, 2016

6:15pm-8:00pm (doors open at 6:00pm)

Tickets **\$5.00** Available online at:

<http://www.signupgenius.com/go/20f0c4bacac2fa4fd0-thelearning>

Or drop off a cheque or cash in the PAC mailbox located in the school office (please include a note with your name indicating the payment is for the “Dr. Boyd presentation”).

Please email us if you have any questions about the event at:

[**pac@simonfraser elementary.com**](mailto:pac@simonfraser elementary.com)

Dr. Lara Boyd is the Canada Research Chair in Neurobiology of Motor Learning, a Michael Smith Foundation for Health Career Investigator, a Peter Wall Scholar, and a Professor in the Department of Physical Therapy, at the University of British Columbia. She is a Neuroscientist and Physical Therapist. Dr. Boyd directs the Brain Behaviour Lab at the University of British Columbia. Her work is centered on answering the question of what limits, and what facilitates, neuroplasticity. She is an expert in neuroimaging and neurophysiology, and uses a variety of cutting edge technology in her research.

<http://brain.rehab.med.ubc.ca/>